



# HOT SHEET Jan 24 - 30th

Underline = price change  
**Bold** = new items

Frozen Fresh from our Case  
 Located in Doors 8 & 9

- 1 Amberjack \$11.29/lb
- 2 Arctic Char \$12.99/lb
- 3 Barramundi \$13.99/lb
- 4 Bass, Striped \$12.99/lb
- 5 Branzini \$9.49/lb
- 6 Catfish \$8.49/lb
- 7 Cobia \$13.99/lb
- 8 Cod, Black \$18.49/lb
- 9 Cod, Icelandic \$11.99/lb
- 10 Crab, Dungeness Whole Ckd \$8.79/lb
- 11 Crab, Medium Stone Claws \$19.99/lb
- 12 Grouper \$14.99/lb
- 13 Grouper Cheeks \$13.99/lb
- 14 Haddock \$8.99/lb
- 15 Halibut \$12.99/lb
- 16 John Dory \$14.99/lb
- 17 Mahi Mahi \$10.99/lb
- 18 Monchong \$13.59/lb
- 19 Monkfish \$9.99/lb
- 20 Mullet \$3.59/lb (Door 6)
- 21 Ono \$10.99/lb
- 22 Opah \$10.99/lb
- 23 Oysters SHKD Med Pacific \$5.29/Jar
- 24 Oysters SHKD Med Half Gal \$41.19/Tub
- 25 Redfish \$11.99/lb
- 26 Rockfish \$6.99/lb
- 27 Salmon, Atlantic \$8.49/lb
- 28 Salmon, Ground Coho \$6.99/lb
- 29 Salmon, Ground NZ King \$7.99/lb
- 30 Salmon, Ground Sockeye \$6.99/lb
- 31 Salmon, NZ King \$14.99/lb
- 32 Salmon, Wild Sockeye \$9.99/lb
- 33 Salmon, Wild King \$18.99/lb
- 34 Scallops, U-10 \$22.79/lb
- 35 Scallops, 10-20 \$17.79/lb
- 36 Seabass, White \$14.99/lb
- 37 Shark, Mako \$10.49/lb
- 38 Snapper, Whole \$7.99
- 39 Sole, Petrale \$9.49/lb
- 40 Sole, Stuffed \$10.99/lb
- 41 Sturgeon \$16.99/lb
- 42 Swordfish \$8.99/lb
- 43 Tilefish \$14.49/lb
- 44 Walleye \$15.99/lb

Hot Sheet contains items we have frozen, closeout items,  
 special buys and seasonal products.  
*Subject to availability.*

## STEALS OF THE WEEK:

- \* Whole Cooked Lobster \$9.99/lb      **SPECIAL \$7.99 / LB**
  - \* Ahi Tuna \$8.99/lb                      **SPECIAL \$3.99 / LB**
  - \* Corvina \$14.99/lb                      **SPECIAL \$11.99 / LB**
- \*\*located in our discount bunker

### CLOSEOUTS (Discount Bunker)

- 45 Oysters Casino \$4.99/Each
- 46 6-9" Alaskan Smelt--great bait! \$7.99/4 lbs(reg13.49)(Door 11)
- 47 Manhattan Clam Chowder \$11.99 / 4 lbs (reg 17.52)
- 48 Breaded Pollock \$7.99/ 1 lb (door 10)
- 49 Swordfish Loin \$6.99/lb (reg 7.79)
- 50 Head On Shrimp 40-50/Kilo \$4.99/lb (reg 5.49)
- 51 Hijiki (brown) Seaweed Salad \$10.99 / 2.2 lbs

### Specialty & Discontinued Items (see location)

- 52 Halibut, Chalky (discolored) \$11.99 / lb (Door 10)
- 53 Lutefisk \$13.63 / 1.75 lbs (Door 10)
- 54 Coho Salmon Side \$9.99/lb (reg 10.92) (Bunker)
- 55 Super Lump Blue Crab Meat \$17.99/1lb (reg 28.29) (Bunker)
- 56 Sriracha Tobikko \$12.99 / 1.1 lbs (reg 22.22)

### Dry Goods

- 57 Ashman Spanish Spice & Tuscan Sprinkle \$5.49 (reg 6.49)



## LOBSTER MAC & CHEESE

whole cooked  
 lobster on sale  
 \$7.99/lb

PREHEAT OVEN TO 350. GREASE 8X8 DISH  
 COOK 1 LB PASTA TO AL DENTE

MAKE A RUE: HEAT & COMBINE 4 TBSP BUTTER + 4 TBSP FLOUR

ADD 2 CUPS HEAVY CREAM, 1/2 TSP SALT, 1/2 TSP PEPPER, 1/4  
 TSP CAYENNE PEPPER

ADD 6OZ GRATED PARMESAN, THEN ADD COOKED PASTA

ON THE SIDE, MIX 4OZ GRUYERE + 8OZ SHARP CHEDDAR

LAYER YOUR DISH WITH PASTA MIXTURE AND CHEESE MIX.  
 TOP WITH 1/2 CUP ITALIAN BREAD CRUMBS.

BAKE FOR 40-45 MIN (UNTIL BUBBLY & GOLDEN BROWN)